

# CENTRESPORT

Daring to succeed

The Newsletter of the Central Scotland Institute of Sport



Issue No 72

12<sup>th</sup> March 07

## World Title for Barbara

CSIS Curler Barbara McFarlane from Dunblane ended her junior career on the highest possible note by winning the World Junior Curling Championships in Eveleth, Minnesota, USA. Barbara was part of the rink skipped by Sarah Reid (SIS). The other members were Eve Muirhead (SIS) and Sarah MacIntyre (HIS).

The girls came through the hard way after winning their first 3 games they slipped back a bit and had to play a play off match against the USA. In a close game they won 6-5 to progress to the final. Here they faced the might of Canada. Canada progressed to a 4-1 lead after 4 ends but the Scots got the game back to 4-3. Canada led 6-3 with two ends to go and things looked rather bleak. However the girls rallied to tie the match at 6-6 which meant an extra end had to be played.

Skip Sarah Reid drew her final stone to the back edge of the pin behind cover. Canadian skip Stacie Devereaux's last stone did not curl enough, allowing Scotland to embrace its first gold in the girls' event since 1997.

"It was fantastic to win," said McFarlane. "It was a tough week and we had to work really hard for it. It was the last stone which won it. We played two really good last ends and we didn't really leave her (Devereaux) much to aim at to win it."

"The Central Institute has been a great support, providing me with time on the ice at Stirling Ice Rink. Alan Hannah coaches a group of us on a regular basis and we get Strength & Conditioning training in the gym, which makes a big help, especially with stamina. We also get nutritional support, so I was really well prepared"



**Central Scotland Institute of Sport**

Telephone: 01786 466485 / 01786 466486

email: a.l.campbell@stir.ac.uk / lianne.muirhead@stir.ac.uk

 **sportscotland**  
LOTTERY FUNDED