

CENTRESPORT

Daring to succeed

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Big breakthroughs for Nicole and Alice

CSIS Water Skier Nicole Arthur made a huge breakthrough at senior international level at the weekend. Competing in the Leona Cup in Geneva at the weekend she showed that she is ready to take on the world's best female skiers as she beat European number 1 and European record holder Irene Resinstaller into second place. The Leona Cup is a world points event and Nicole's win will help her greatly in the world rankings. Nicole then jetted home to break the news to her coach (who is also her father) John. John was delighted with the result and puts it down to hard work and dedication. Within a day of coming back from Geneva, Nicole and John were out on the Black Loch at Slamannan near Falkirk in not the best of Scottish weather.

CSIS triathlete Alice Hector also moved up a level by qualifying for the World Half Iron Man Championships in November. Alice finished 4th in the United Kingdom international half Iron Man Championships in Exmoor, Somerset on 18th June and this performance meant that she is in the British team to compete in sunny Clear Water, Florida, a long way from draughty Exmoor, England. The UK Championships are part of the 70.3 series of international races, so called because of the distance covered by the athletes is 70.3 miles.



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