



At the Scottish Institute of Sport our clear focus is on preparing Scotland's best athletes to perform on the world stage. We provide high performance expertise to sport and athletes in Scotland.

As the high performance arm of **sportscotland** the Institute is working with our partners to build greater success for Scottish sport. Our expert teams of service providers work together to manage and deliver cutting edge programmes in coaching, programme planning, sports medicine, sports science, strength and conditioning, and lifestyle guidance.

We embrace a culture of winning and strive to create a high performance learning environment where innovation can thrive.

The Performance Lifestyle programme provides integrated lifestyle management, career planning, education guidance and personal development for athletes. We are looking to extend the existing Performance Lifestyle programme staff to include a Performance Lifestyle Coach based at the Scottish Institute of Sport in Stirling.

**Performance Lifestyle Coach**  
Salary range £24,896 - £36,706  
Based on qualifications and experience

**The successful applicant should have:**

- A relevant Degree or extensive experienced in a related field
- Post Graduate qualified in UK Sport Performance Lifestyle Accreditation or related qualification (or working towards this)
- Experience in integrated planning, career and education guidance
- Experience in working with high performance sport and athletes
- Proven skills in counselling
- In depth knowledge of the Scottish and UK education system
- Exceptional interpersonal skills and proven ability to work in partnership with key stakeholders

Reporting to the Head of Performance Lifestyle at the Scottish Institute of Sport, the Performance Lifestyle Coach will provide support to Scottish Institute Athletes working towards Delhi 2010, Vancouver 2010, London 2012 and Glasgow 2014.

Applicants should note that the successful candidate for this post will be subject to an Enhanced Disclosure.

**Applications should include a CV and covering letter, names and addresses of 3 referees, and should be sent to Carol Ann Harrower by email or at the address below.**

**Closing date for applications: Friday 5 September at 12 noon**  
**Interviews will take place on Wednesday 1 October 2008**

For informal enquiries please contact:  
Susie Elms  
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To request an information pack, contact:  
Carol Ann Harrower  
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